

# SEPTEMBER | 2022

## Black River High School

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Extra breakfast Entree-\$1.25 Adult breakfast-\$2.75</p> <p>Extra Lunch Entree--- \$2.50 Extra Value Entrée--\$3.00 Adult lunch-\$4.00</p> <p>Milk ----- .50 Ice Cream \$.75 or \$1.25</p>	<p><b>30</b> Banana Bread, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Pizza Day Glazed Carrots, Chips Assorted Fruit Milk</p>	<p><b>31</b> Fruit Turnover, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> General Tso's Chicken Rice, Fortune Cookie Mixed Vegetables Assorted Fruit, Milk</p>	<p><b>1</b> Sausage Gravy and Biscuit, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Cheese-Filled Breadsticks W/ Marinara Broccoli Assorted Fruit Milk</p>	<p><b>2</b> Bagel, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Black River Bowl (Popcorn Chicken, Mashed Potatoes, Corn, Gravy, Cheese) Side Salad, Dinner Roll Assorted Fruit, Milk</p>
<p><b>5</b> NO SCHOOL!!! LABOR DAY!!!</p>	<p><b>6</b> Cereal, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Domino's Pizza Day Sweet Potato Fries, Cookie Assorted Fruit Milk</p>	<p><b>7</b> Iced Donut, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Barbecue Rib Sandwich French Fries Assorted Fruit, Milk</p>	<p><b>8</b> Sausage Gravy and Biscuit, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Taco Salad, W/ Toppings Pretzel Stick Refried Beans Assorted Fruit Milk</p>	<p><b>9</b> Bagel Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Black River Wrap (Chicken Tenders, Lettuce Ranch) Side Salad Assorted Fruit Milk</p>
<p><b>12</b> Pancake Sausage Sandwich, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Chicken Bacon Ranch Sandwich or Spicy Chicken Sandwich Baked Beans Assorted Fruit, Milk</p>	<p><b>13</b> Muffin, Yogurt, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Pizza Calzone, Marinara, Glazed Carrots, Chips Assorted Fruit Milk</p>	<p><b>14</b> Fruit Turnover, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Breakfast Sandwich Potatoes 100% Fruit Juice Assorted Fruit, Milk</p>	<p><b>15</b> Sausage Gravy and Biscuit, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Sub Sandwich Fresh Vegetable Medley (Celery, Carrot, Pepper Strips) Assorted Fruit, Milk</p>	<p><b>16</b> Bagel, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> BR Burger Day W/ Toppings Sweet Potato Fries Assorted Fruit Milk</p>
<p><b>19</b> Pancake Sausage Sandwich, Fruit, 100% Fruit Juice, Milk Barbecue Pork Sandwich Baked Beans, Coleslaw Assorted Fruit, Milk</p>	<p><b>20</b> Cereal, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Pizza Day Glazed Carrots, Chips Assorted Fruit, Milk</p>	<p><b>21</b> Fruit Turnover, Fruit, 100% Fruit Juice, Milk <b>LUNCH OPTION –Specialty</b> <b>Salad W/ Garlic Breadstick</b> General Tso's Chicken Rice, Fortune Cookie Mixed Vegetables Assorted Fruit, Milk</p>	<p><b>22</b> Sausage Gravy and Biscuit, Fruit, 100% Fruit Juice, Milk <b>LUNCH OPTION –Specialty</b> <b>Salad W/ Garlic Breadstick</b> Cheese-Filled Breadsticks W/ Marinara Broccoli Assorted Fruit, Milk</p>	<p><b>23</b> Bagel, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> <b>LUNCH OPTION –Specialty</b> <b>Salad W/ Garlic Breadstick</b> Black River Bowl Dinner Roll Assorted Fruit, Milk</p>
<p><b>26</b> NO SCHOOL!!!</p>	<p><b>27</b> Muffin, Yogurt, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Domino's Pizza Day Sweet Potato Fries, Cookie Assorted Fruit Milk</p>	<p><b>28</b> Iced Donut, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Breakfast Sandwich Potatoes 100% Fruit Juice Assorted Fruit, Milk</p>	<p><b>29</b> Sausage Gravy and Biscuit, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Chicken Quesadilla, Salsa California Blend Assorted Fruit Milk</p>	<p><b>30</b> Bagel, Fruit, 100% Fruit Juice, Milk <b>LUNCH</b> Black River Wrap (Chicken Tenders, Lettuce Ranch) Side Salad Assorted Fruit Milk</p>

### News

At the onset of the COVID-19 pandemic, Congress and the US Department of Agriculture authorized waivers allowing all students, regardless of family income, to receive free breakfast and lunch. Unfortunately, lawmakers have elected not to extend the waivers past June 30, 2022, thus eliminating the program for the 2022-2023 school year.

– Our Food Service Department does not use any tax dollars/general funds to operate the department. The department is funded by Federal dollars, which are received from each sold meal. **Your children can receive a \$2.00 breakfast and \$3.50 lunch.** If you complete a school meal application and are eligible for free or reduced-priced meals, **the reduced price is \$.30 for breakfast and \$.40 for lunch.** **PLEASE COMPLETE SCHOOL MEAL APPLICATION BY OCTOBER 1, 2022**

*"This institution is an equal opportunity provider"*